



ELK GROVE
COMMUNITY
SERVICES
DISTRICT

DEPARTMENT OF
PARKS AND RECREATION

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MEMBER:
California Fire Chiefs
Association
California Park and
Recreation Society
California Special
Districts Association
International Association
of Fire Chiefs
National Recreation
and Park Association

Public Service Announcement/Community Calendar

Date: April 30, 2003

To: News & Leisure Editors

From: Elk Grove Community Services District (CSD) Parks & Recreation

SUBJECT: SUMMER CLASSES FOR YOUTH

Elk Grove, CA – Not all summer classes are in summer school. Take a break from your studies and learn something fun with the Elk Grove Community Services District (CSD) Department of Parks and Recreation this summer. A variety of youth leisure classes will start in May. Consider enrolling in one of the following:

KARATE

Ages 6+

Students will learn to be the best at anything they do while building self-confidence. Class includes aspects of Kyokoshinkai Karate, Hung-gar Kung Fu and Aiki Jujitsu.

Held at: Elk Grove Recreation Center Rm. 9, 8828 Elk Grove Blvd.

Tuesdays & Thursdays, 6:00 – 7:30 p.m., 5/6 – 5/29

Cost: \$39

PEE WEE PRE-SPORT

Ages 3-5

Prepare your child for team sports. This parent participation class will introduce children to the basic and simple fundamentals of baseball, football, soccer and basketball. Parents should bring their tennis shoes, a water bottle, and their energetic child.

Held at: Lichtenberger North Park, Laguna Park Drive

Tuesdays & Thursdays, 11:00 a.m. – 11:45 a.m., 5/20 – 5/29

Cost: \$38

TENNIS “FUN”DAMENTALS

For ages 7-Adult

Analyze and challenge your bio-mechanics and stroke mechanics. Develop basic skills in the five major components of tennis: forehand, backhand, volley, overhead, and serve.

Understand back swing, correct grip, footwork, and point of contact. Learn strategies, receive physical conditioning and have fun! A United States Professional Tennis Association Professional teaches classes.

Held at: Batey Park Tennis Courts, Seasons Drive

Ages 7-12, Tuesdays, 3:30 p.m. – 4:30 p.m., 5/13 – 6/3

Ages 13-17, Wednesdays, 3:30 p.m. – 4:30 p.m., 5/14 – 6/4

Ages 18+, Wednesday, 10:00 a.m. – 11:00 a.m., 5/14 – 6/4

Cost: \$59

PEE WEE SOCCER

For ages 3-4

Introduce your child to the world of sports through our non-competitive soccer skill clinics. Instruction will encourage age appropriate activities while teaching socialization, teamwork and gross motor skills. This class will provide a fun and positive interaction in a nurturing environment. Parents will be encouraged to participate with their child.

Held at: Kloss Park, Laguna Park Drive

Mondays & Wednesdays, 4:30 p.m. – 5:00 p.m., 5/19 – 5/28

Mondays & Wednesdays, 5:00 p.m. – 5:30 p.m., 5/19 – 5/28

Held at: Miwok Park, Village Tree Drive
Mondays & Wednesdays, 4:30 p.m. – 5:00 p.m., 5/19 – 5/28
Cost: \$24

JR. JAZZERCISE

For ages 6-12

Looking for a fun way to get fit? Try this cardio-workout with easy to follow choreography and fun music. Learn coordination, nutrition and the importance of physical fitness, all while getting ready for an in class dance performance.

Held at: Laguna Town Hall Reception Hall, 3020 Renwick Ave.
Thursdays, 3:45 p.m. – 4:30 p.m., 5/15 – 6/19 No Class 6/5
Cost: \$30

INTERESTED IN MODELING?

Ages 6-25

Enrich your life, by developing self-confidence and posture. You'll learn table manners and etiquette along with ramp / photographic modeling techniques. Members from this class may have the opportunity to participate in outside fashion shows. Bring a pen and a notebook to class.

Held at: Laguna Town Hall Rm. 2, 3020 Renwick Ave.
Thursday, 5:00 p.m. – 7:00 p.m., 5/15 – 7/3

An Optional \$15 fee for a t-shirt with logo is payable to the instructor at class.
Cost: \$79

HORSING AROUND

For ages 8-18

English or Western style riding in a relaxed, fun setting. This course covers grooming, saddling, and bridling and safety. Students must wear hard soled boots with a low heel (no sneakers) and comfortable pants. The instructor supplies mandatory safety helmets.

Held at: River Glade Stables

Tuesdays, 6:30 p.m. – 7:30 p.m., 5/20 – 6/17

A \$5 supply fee is payable to the instructor at the first class.
Cost: \$150

INTRODUCTION TO ARCHERY

Ages 10 – Adult

Join Laguna's oldest Archery club for a lesson in archery. You will learn the 9 steps of shooting and have the opportunity to practice your new skill. Space is limited to ten archers.

Held at: Laguna Creek Archers Indoor Range, 9150 Bruceville Road.

Saturday, 5/24, 1:00 p.m. – 3:00 p.m.

A \$10 range fee is payable to the instructor at the first class.
Cost: \$15

PRE-BASIC GYM

For ages 6-7 years, 11 months

Children learn beginning tumbling, balance beam, vault and trampoline (similar to Basic I Gymnastics, but designed for 6-7 year olds).

Held at: Byers Gym, 29 Massie Court, Sacramento

Mondays, 4:30 p.m. – 5:15 p.m., 5/19 – 6/30 No class 5/26

A \$3 supply fee is payable to the instructor at the first class.
Cost: \$48

BASIC GYM

For ages 8-11

Designed to develop coordination while teaching beginning tumbling, vault, bars, beam and trampoline.

Held at: Byers Gym, 29 Massie Court, Sacramento

Girls, Wednesdays, 5:30 p.m. – 6:15 p.m., 5/21 – 6/25

Boys, Wednesdays, 4:30 p.m. - 5:15 p.m., 5/21 – 6/25

Held at: Byers Gym, 8569 Bond Road, Ste. 110

Boys, Fridays, 5:45 p.m. – 6:30 p.m., 5/23 – 6/27

A \$3 supply fee is payable to the instructor at the first class.

Cost: \$48

Walk-in, phone, and fax registration will be accepted for these and other summer leisure offerings. Log on to the CSD web site at www.egcsd.ca.gov to download the summer activity guide or contact the CSD Department of Parks and Recreation at (916) 685-3917 for more information.

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